



Breakfast

BREAKFAST

PUMPERNICKEL AVOCADO TOAST	27
Steamed broccolini, cherry tomatoes, poached eggs, nuts and grains ^V	
SOUR CHERRY AND ROSEMARY FRUIT TOAST FROM EVERYDAY BAKERY	10
Cultured butter, preserves and marmalade ^V	
EVERYDAY BAKERY SOURDOUGH TOAST	12
Cultured butter, preserves and marmalade ^V	
TRADEWINDS SUPERFOOD GRANOLA	22
Our house-made blend of toasted oats, nuts and grains with summer berry compote, Greek yoghurt and bush honey ^{VO/GF}	
CARAMELISED BANANA & NUTELLA WAFFLES	19
Dusted with cinnamon sugar, whipped La Delizia ricotta ^V	
BREKKIE WRAP	19
Scrambled eggs, crunchy tofu, tomato sambal in grilled paratha ^V	
AVOCADO TOAST	20
Slow-roast cherry tomatoes, crumbled Persian feta, microherbs and Vincotto ^V <i>Add poached egg +3</i>	
FREO BENEDICT	21
Potato hash, sauteed spinach, poached eggs, grilled bacon and Hollandaise ^{VO/GF}	
EGGS YOUR WAY	15
Poached / Fried / Scrambled On sourdough bread ^V	
SEAFARERS BREAKFAST	25
Fried or scrambled eggs, breakfast sausage, baked beans, grilled grape tomatoes, kale, bacon, hash brown and sourdough toast	

ADD ONS

Bacon +5	Cumberland sausage +5
Mushroom +5	Smoked salmon +7
Baked beans +4	Avocado +5
Hash brown +3	Gluten free bread +2
Grilled grape tomatoes +5	Yoghurt +5

DRINKS**COFFEE & TEA**

ESPRESSO	5 / 6
DOUBLE ESPRESSO	
LONG BLACK	
LATTE	
FLAT WHITE	
CAPPUCCINO	
AFFOGATO	9
CHAI LATTE	5.5 / 6.5
CHAI MATCHA LATTE	
ICED COFFEE	
HOT CHOCOLATE	

ORGANIC XO TEA SELECTION

ENGLISH BREAKFAST	5
LEMONGRASS AND GINGER	
PEPPERMINT	
EARL GREY	
GREEN	

JUICE

ORANGE	5
PINEAPPLE	
CRANBERRY	
APPLE	

COLD

SOFT DRINKS	5
STILL WATER 750ML	8
SPARKLING WATER 1L	10

EXTRAS

Takeaway / Extra shot +1
Hazelnut / Salted Caramel /
Vanilla / Caramel Syrup +1
Soy, Oat, Almond, Lactose-Free milk available