Tradewinds HOTEL

BREAKFAST

**Opening Hours Breakfast:** 6:30 a.m. – 11:00 a.m. **Lunch:** 11:30 a.m. - 5:00 p.m. **Dinner:** 5:00 p.m. – 9:00 p.m. **Bar:** 12.00 pm to late

DREAKFAST	
Pumpernickel Avocado Toast steamed broccolini, cherry tomatoes, poached eggs, nuts and grains (V)	27
Sour cherry and rosemary fruit toast from Everyday Bakery cultured butter, preserves and marmalade (V)	10
Everyday Bakery sourdough toast cultured butter, preserves and marmalade (V)	12
<b>Tradewinds superfood granola</b> our house-made blend of toasted oats, nuts and grains with summer berry compote, Greek yoghurt and bush honey (V, GF)	22
<b>Caramelised banana &amp; Nutella waffles</b> dusted with cinnamon <del>-s</del> ugar, whipped La Delizia ricotta (V)	19
Brekkie wrap scrambled eggs, crunchy tofu, & tomato sambal in grilled paratha (V)	19
Avocado toast slow-roast cherry tomatoes, crumbled Persian feta, micro herbs and Vincotto (V)	20
- add poached egg	3
Freo Benedict potato hash, sauteed spinach, poached eggs, grilled bacon and Hollandaise (VO, GF)	21
<b>Eggs your way</b> poached, Fried or Scrambled on Sourdough Bread (V)	15
Seafarers breakfast fried or scrambled eggs, breakfast sausage, baked beans, grilled grape tomatoes, kale, bacon, bashbrown and sourdough toast	25

16

bacon, hashbrown and sourdough toast

## ADD-ONS

Bacon	5
Mushroom (Ve, GF)	5
Baked beans (V, GF)	4
Hash brown (V, GF)	3
Grilled grape tomatoes (Ve, GF)	5
Cumberland sausage (GF)	5
Smoked salmon (GF)	7
Avocado (Ve, GF)	5
Gluten Free Bread	2
Yoghurt	5

## SPECIAL BREAKFAST COCKTAIL

Mimosa Orange juice, De Luca Prosecco

**Virgin Mary** Tomato juice, lemon juice, Worcestershire sauce, salt, pepper, tobacco

Proudly serving locally sourced ingredients fresh to your table

## GF - Gluten Free | GFO - Gluten Free Option | V - Vegetarian VEG - Vegan | VO - Vegetarian Option

Please alert us to special dietary requirements you may have. We take the upmost care in food preparation, however there may be traces of nuts and other allergens in our food we serve. We hope you enjoy your meal.

## BEVERAGE

COFFEE	S	L
Espresso / Double Espresso/ Long Black	4.5	5
Latte / Flat White / Cappuccino	4.5	5
Chai latte		5
Chai Matcha latte		5
Iced coffee/ chocolate		5
Affogato		9
MUG/ Take away / Extra shot		+1
SYRUP		
Caramel / Hazelnut / Vanilla / Salted		+1
Caramel		
Soy, Oat, Almond, lactose-free milk available		
ORGANIC TEA SELECTION – XO Tea		
English Breakfast, Lemon ginger,		5
Peppermint, Earl grey, Masala chai		
JUICE/ SOFT DRINKS/ WATER		
Orange/ Pineapple/ Cranberry/ Apple/		
Tomato		5
Soft drinks		5
Still Water 750ml		8
Sparkling Water 1L		10
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1% surcharge applies to all bank card payments \$5 tray charge applies for all room service deliveries 15% surcharge applies for on public holidays