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BREAKFAST MENU

Banana Bread	7
butter	
Toast & Preservatives	9
(ciabatta, wholemeal) (veg, gfo)	
Fruit toast	10
Ham & Cheese Croissant	9
with smoked tomato relish	
Fresh Seasonal Fruit	10
yoghurt (veg, gf)	
Brekky Toastie	13
ham, swiss cheese, tomato relish, Dijon mustard, ciabatta	
Eggs on Toast	13
choice of 2 eggs, poached, fried or scrambled (veg, gfo)	
Muesli	14
fresh fruit, honey yoghurt (veg, gf)	
Chia Pudding	17
seasonal berries, toasted coconut (v,gf)	
Buttermilk Pancake	17
mixed berries, mascarpone, maple syrup (veg)	
Brekky BLT	16
bacon, spinach, cheddar, smoked tomato relish, Turkish bread	
Potato & Chorizo Hash	19
choice of 2 eggs, cherry tomatoes, ciabatta (gfo)	
Baked Eggs	19
homemade spiced beans, chorizo, ciabatta (gfo)	
Baked Mixed Mushrooms	19
sweet potato, homemade spiced beans, ciabatta (v, gfo)	
- Add Persian fetta 2.5	
Eggs Benedict	
English muffin, spinach, hollandaise, poached eggs	
- Mushrooms 19	
- Ham 19	
- Bacon 21	
- Smoked Salmon 21	
Avocado Smash	21
poached eggs, Persian fetta, dukkha, ciabatta, heirloom tomatoes (veg, gfo)	

Veggie Big Brekky 22
choice of 2 eggs, ciabatta, mushrooms, grilled tomatoes, spiced 5 beans, spinach & hash browns (veg, gfo)

Tradewinds Big Brekky 25
choice of 2 eggs, mushrooms, grilled tomatoes, Lamb & Rosemary sausage, potato & chorizo hash, belly bacon, ciabatta (gfo)

SIDES (all gf)

Lamb & Rosemary sausage	5
Belly Bacon	5
Smoked Salmon	7
Roasted Mushrooms	4
Baby Spinach	5
Smashed Avocado	5
Grilled Tomatoes (2 halves)	5
Eggs	3
Gluten free bread (only available for GFO listed items)	2

COFFEE

Espresso, Long Black, Chai Latte, Flat White, Cappuccino, Latte, Mocha, Macchiato	4
Almond, Soy & lactose milk	+.5
Syrups: Vanilla, Hazelnut, Caramel	+.5
Hot Chocolate	5

TEA

English Breakfast, Earl Grey, Peppermint, Chamomile, Lemon & Ginger, Chai Tea 4.5

JUICES

Orange, Apple, Pineapple 7



Tradewinds
HOTEL

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